

Thank you so much for filling out this form.
Adolescents please fill out pages 1-4 and Parents 5-10.
If you have any questions or would prefer not to answer questions, please talk to me about it in session.

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ADOLESCENT INTAKE FORM (ages 12-17)
CLIENT INFORMATION –DATE _____

Name: _____

_____ Date of Birth: _____

Age: _____ Male Female

Physical Address:

Mailing Address:

Phone (Cell):

_____ Messages ?

Phone (Home): _____ Messages ?

School: _____

Grade: _____

Race/Ethnic Origin:

Religious Preference:

PERSONAL STRENGTHS

What activities do you enjoy and feel you are successful when you try?

Who are some of the influential and supportive people, activities (e.g. walking) or beliefs (e.g. religion) in your life? (Please describe)

CURRENT REASON FOR SEEKING COUNSELING

Briefly describe the problem for which you are seeking counseling?

What would you like to see happen as a result of counseling?

COUNSELING/MEDICAL HISTORY

Have you previously seen a counselor? Yes No

1 If yes, what did you find most helpful in therapy?

If yes, what did you find least helpful in therapy?

CHEMICAL USE AND HISTORY

Do you currently use alcohol? _____ Yes _____ No

If yes, how often do you drink? _____ Daily _____ Weekly
_____ Occasionally _____ Rarely

If yes, how much do you drink? _____ (#) per time.

Do you currently use Tobacco? _____ Yes _____ No

If yes, how much do you smoke/chew? _____

Do you currently use any other drugs? _____ Yes _____ No

If yes, what drugs do you use?

_____ If yes,
how often do you use? _____ Daily _____ Weekly _____ Occasionally
_____ Rarely

Have you received any previous treatment for chemical use? Y/N

If so, where did you go?

____ Inpatient ____ Outpatient

ADOLESCENTS (please answer the following with Y/N)

Have you ever used more than 1 chemical at the same time to get high?

Do you avoid family activities so you can use? _____

Do you have a group of friends who also use? _____

Do you use to improve your emotions such as when you feel sad or depressed?? _____

LEGAL ISSUES

Please list any legal issues that are affecting you or your family at present, or have had a significant effect upon you in the past.

FAMILY HISTORY

Are your parents married or divorced? _____

Do you think their relationship is good? (Y/N/Unsure) _____

If your parents are divorced, whom do you primarily live with?

How often do you see each parent? Mom _____ % Dad

_____ %.

Did you experience any abuse as a child in your home (physical, verbal, emotional, or sexual) or outside your home? Please describe as much as you feel comfortable.

FAMILY CONCERNS (Please check any family concerns that your family is currently experiencing)

Fighting

Disagreeing about relatives

Feeling distant

Disagreeing about friends

Loss of fun

Alcohol or Drug use

Lack of honesty

- Trauma
- Medical Concerns
- Infidelity (couple)
- Education problems
- Divorce/separation
- Financial problems
- Issues regarding remarriage
- Death of a family member
- Birth of a child
- Inadequate health insurance
- Job change or job dissatisfaction
- Inadequate housing/feeling unsafe
- Other

Other concerns not listed above

PEER RELATIONS

How do you consider yourself socially: ___outgoing ___shy ___depends on the situation. Are you happy with the amount of friends you have?

(Y/N)_____

Have you ever been bullied? (Y/N) _____

Are your parents happy with your friends? (Y/N)_____

Are involved in any organized social activities (e.g. sports, scouts, music)?

SCHOOL HISTORY

Do you like school? (Y/N)_____

Do you attend regularly? (Y/N)_____

What are your current grades? _____

Do you feel you are doing the best you can at school? (Y/N)

Is there anything else you would like me to know:

Please note that the information is important for your child's care. Please fill out forms as completely as possible and have them ready before your first counseling session.

ADOLESCENT INTAKE FORM (PARENT SECTION)

Adolescent's Name: _____

_____ Date of Birth: _____

_____ Mother's/Guardian's Name: _____

Phone Contact: _____ Mother's/Guardian's Physical Address: _____

Mother's/Guardian's Mailing Address: _____

_____ Father's/Guardian's Name: _____ Phone Contact: _____

_____ Father's/Guardian's Physical Address: _____

_____ Father's/Guardian's Mailing Address: _____

CURRENT HOUSEHOLD AND FAMILY INFORMATION

Name _____

Relationship (parent, sibling, etc) _____

Age _____

Sex _____

Type (bio, step, etc) _____

Living with you? Y/N _____

(If additional space is need please list on the back of page)

Current Reason For Seeking Counseling For Your Adolescent

Briefly describe the problem for which your adolescent is seeking to have counseling for?

What would you like to see happen as a result of counseling?

What is most concerning right now?

COUNSELING HISTORY

Have your son or daughter previously seen a counselor? Yes No

If Yes, where:

Approximate Dates of Counseling:

_____ For what reason did your son or daughter go to counseling?

Does your son or daughter have a previous mental health diagnosis?

What did you find most helpful in therapy?

What did you find least helpful in therapy?

Has your son or daughter used psychiatric services? Yes_____ No_____ If yes, who did they see?

If yes, was it helpful? N/A_____ Yes_____ No_____

Has your son or daughter taken medication for a mental health concern?

Yes_____ No _____ Does your son or daughter have other medical concerns or previous hospitalizations? Y/N _____

If so, please describe:

CHILD'S DEVELOPMENT

Were there any complications with the pregnancy or delivery of your child?

Yes ___ No ___ If yes, describe:

Did your child have health problems at birth? Yes _____ No _____ If yes, describe:

Did your child experience any developmental delays (e.g. toilet training, walking, talking)?

Yes ___ No ___ Not sure _____ If yes, describe:

Did your child have any unusual behaviors or problems prior to age 3?

Yes ___ No ___ Not sure _____ If yes, describe:

Has your child experienced emotional, physical, or sexual abuse?

Yes _____ No _____ Not sure _____ If yes, describe:

CHEMICAL USE

Do you have any concerns with your son or daughter using alcohol or drugs? (Y/N) _____

If yes, please explain your concern:

INTERNET/ELECTRONIC COMMUNICATIONS USAGE

Do you have any concerns with your son or daughter using the internet or electronic communication such as Facebook, Snapchat, Twitter, texting etc? (Y/N) _____

If yes, please explain your concern:

LEGAL ISSUES

Please list any legal issues that are affecting you or your family, son or daughter, at present, or have had a significant effect upon you or your son or daughter in the past.

FAMILY HISTORY

(Please answer the following as best as you can, we understand that you may not be able to answer some of the questions pertaining to the other parent.)

Father's Name: _____ Birth Date: _____

Age: _____

Ethnic Origin:

Total years of education completed: _____ Occupation:

_____ Place of Employment:

Military experience? Y/N _____ Combat experience? Y/N

_____ Assessment of current relationship if applicable:

Poor _____ Fair _____ Good _____ Mother's Name:

_____ Birth Date: _____ Age: _____

Ethnic Origin:

Total years of education completed: _____ Occupation:

_____ Place of Employment:

Military experience? Y/N _____ Combat experience? Y/N

Assessment of current relationship if applicable: Poor _____ Fair _____

Good _____

PARENT'S MARITAL STATUS

Single Married (legally) Divorced Cohabiting Divorce in process Separated Widowed Other

Length of marriage/ relationship: _____

If divorced, how old was your child at time of divorce? _____

If divorced, How much time does your child spend with each parent?

Mother _____%, Father _____%

FAMILY CONCERNS

Please check any family concerns that your family is currently experiencing.

- Fighting
- Disagreeing about relatives
- Feeling distant
- Disagreeing about friends
- Loss of fun
- Alcohol or Drug use
- Lack of honesty
- Trauma
- Medical Concerns
- Infidelity (couple)
- Education problems
- Divorce/separation
- Financial problems
- Issues regarding remarriage
- Death of a family member
- Birth of a child
- Inadequate health insurance
- Job change or job dissatisfaction
- Inadequate housing/feeling unsafe
- Other _____

Have you or anyone in your family experienced any abuse (physical, verbal, emotional, or sexual) inside or outside of your home? Please describe as much as you feel comfortable.

Have you or anyone in your family been treated for issues relating to depression, anxiety, suicide or other mental health disorders? If so, please describe:

YOUR ADOLESCENT'S STRENGTHS

What activities do you feel your son or daughter is successful when they try?

What personal qualities would you say your son or daughter has?

Who are some of the influential and supportive people, activities (e.g. walking) or beliefs (e.g. religion) in your son or daughter's life? (Please describe)

Is there anything else you would like me to know:
